

Salads

Chicken Caesar Sharing Platter Large £22
 Roast Chicken Medium £11
 Shaved Parmesan Cheese
 Roast Peppers, Spring Onion, Tomato & Cucumber, Beetroot &
 Carrots
 Crouton
 Served with a Pot of Caesar Dressing

Large Platter serves 6 £22.00
 Medium Platter serves 3 £11.00

Allergen Information
 Supplied with Platter

Greek Salad Sharing Platter Large £22.00
 Greek Salad Medium £11.00
 Mixed Salad Leaves with tomatoes, Cucumber, Red Pepper,
 Spring Onions, Beetroot & Carrots
 Topped with Feta Cheese
 Houmous
 Olives
 Red Onions
 Pomegranate Seeds
 Lemon Wedges
 Pot of Lemon Dressing

Large Platter Serves 6 People
 Medium Platter Serves 3 People

Allergen Information
 Supplied with Platter

Chicken Bacon Avocado Sharing Platter	Large £22.00
Mixed Salad Leaves with tomatoes, Cucumber, Red Peppers, Spring Onions, Beetroot & Carrot topped with Roast Chicken Avocado Crispy Bacon Croutons Served with a Balsamic Dressing	Medium £11.00
Large Platter Serves 6 People	
Medium Platter Serves 3 People	

Allergen Information
Supplied with Platter

Spicy Bean Mexican Bean Sharing Platter	Large £22.00
Mixed Salad Leaves with Tomato, Cucumber, Red Peppers, Spring Onions, Beetroot, & Carrots topped with Roast Chicken Spicy Bean Salsa Sweetcorn Fresh Coriander & Chillies Served with a Pot of Mexican Dressing	Medium £11.00
Large Platter Serves 6 People	
Medium Platter Serves 3 People	

Allergen Information
Supplied with the platter

Mozzarella Tricolore Sharing Platter	Large £22.00
Mixed Salad Leaves with Tomato, Cucumber, Red Peppers, Spring Onions, Beetroot, & Carrots topped with	Medium £11.00
Mozzarella Avocado Sliced Vine Tomatoes Basil Oil	

Served with a Pot of Balsamic Dressing

Large Platter Serves 6 People

Medium Platter Serves 3 People

Allergen Information

Supplied with the platter

Moroccan Sharing Platter

Large £22.00

Mixed Salad Leaves with Tomato, Cucumber, Red Peppers,
Spring Onions, Beetroot, & Carrots topped with

Medium £11.00

Roast Chicken

Cous Cous

Houmous

Cherry Tomato

Cucumber

Omega Sprinkles

Pomegranate Seeds

Served with a Pot of Harissa Dressing

Large Platter Serves 6 People

Medium Platter Serves 3 People

Allergen Information

Supplied with the platter

Italian Pasta Sharing Salad

Large £22.00

Italian Pasta

Medium £11.00

Mixed Salad Leaves with Tomato, Cucumber, Red Peppers,
Spring Onions, Beetroot, & Carrots topped with

Pesto Farfello

Mozzarella

Sundried Tomatoes

Roast Peppers

Cherry Tomatoes
 Served with a Pot of Pesto Dressing
 Large Platter Serves 6 People
 Medium Platter Serves 3 People

Allergen Information
 Supplied with the platter

Continental Salad £12.00
 Mixed Salad Leaves with Tomato, Cucumber, Red Peppers,
 Spring Onions, Beetroot, & Carrots
 Served with a pot of Balsamic Dressing
 Serves 3 as a main or 6 as a side

£12.00

Allergen Information
 Supplied with the platter

Gluten Free Avocado & Roast Pepper Sharing Platter Large £22.00
 Gluten free avocado & Roasted Red Pepper Medium £11.00
 Mixed Salad Leaves with Tomato, Cucumber, Red Peppers,
 Spring Onions, Beetroot, & Carrots topped with

Avocado
 Roasted Peppers
 Omega Seed Sprinkles
 Serves with French Dressing
 Large Platter Serves 6 People
 Medium Platter Serves 3 People

Allergen Information
 Supplied with the platter

Gluten Free Chicken Sharing Platter	Large £22.00
Gluten Free Chicken	Medium £11.00
Mixed Salad Leaves with Tomato, Cucumber, Red Peppers, Spring Onions, Beetroot, & Carrots topped with Roast Chicken Shaved Parmesan Cheese Roast Peppers Served with a pot of Balsamic Dressing	
Large Platter Serves 6 People	
Medium Platter Serves 3 People	

Allergen Information
Supplied with the platter

Gluten Free Avocado & Roast Pepper Sharing Platter	Large £22.00
Gluten free avocado & Roasted Red Pepper	Medium £11.00
Mixed Salad Leaves with Tomato, Cucumber, Red Peppers, Spring Onions, Beetroot, & Carrots topped with	
Avocado Roasted Peppers Omega Seed Sprinkles Serves with French Dressing	
Large Platter Serves 6 People	
Medium Platter Serves 3 People	

Allergen Information
Supplied with the platter

Gluten Free Avocado & Roast Pepper Sharing Platter	Large £22.00
Gluten free avocado & Roasted Red Pepper	Medium £11.00
Mixed Salad Leaves with Tomato, Cucumber, Red Peppers, Spring Onions, Beetroot, & Carrots topped with Avocado, Roasted Peppers Omega Seed Sprinkles, served with French Dressing	

Large Platter Serves 6 People
Medium Platter Serves 3 People

Allergen Information
Supplied with the platter
